



BARTON COUNTY
Public Health
 Prevent. Promote. Protect.

Laboratory Services

April

2026

SUN	MON	TUE	WED	THU	FRI	SAT	
			1	2	3	4	
National Public Health Week 5 ECHD Staff Meeting 8:00 AM	6 ECHD Staff Meeting 8:00 AM	Health Week 7 BT CO Commission Meeting 9:00AM	8 Breast Feeding Support Group 4:00PM	READY. SET. ACTION!			11
12 ECHD Staff Meeting 8:00 AM	13 ECHD Staff Meeting 8:00 AM	14 BAAW Becoming a Mom 1:30PM BT CO Commission Meeting 9:00AM	15	16 BCHD Advisory Committee Meeting 11:30 AM - 12:30 PM	17	18	
19 ECHD Staff Meeting 8:00 AM	20 ECHD Staff Meeting 8:00 AM	21 BAAW Becoming a Mom 1:30PM BT CO Commission Meeting 9:00AM	22 WIC Prenatal Breastfeeding Class 2:00-3:00pm	23	24	25 DEA NATIONAL TAKEBACK 10am-2pm Bike Rodeo 10-11:30AM	
26 ECHD Staff Meeting 8:00 AM	27 ECHD Staff Meeting 8:00 AM	28 BAAW Becoming a Mom 1:30PM BT CO Commission Meeting 9:00AM	29	30  Community Baby Shower 4-6:30PM			



Public Health in April

April is a time to focus on prevention, wellness, and community health. Public health works every day to protect and improve the health of our community through education, prevention programs, and access to services.

This month highlights several important health awareness efforts, including National Public Health Week (April 7–13), which recognizes the role public health plays in creating safer and healthier communities. It's also a time to encourage healthy habits such as staying active, eating nutritious foods, keeping vaccinations up to date, and prioritizing mental well-being.

Public health professionals partner with schools, organizations, and community members to address local health needs and promote resources that help individuals and families thrive. By working together, we can continue building a healthier community for everyone.

Public health isn't just something that happens at the health department — it's something we practice every day through prevention, connection, and care.

Explore additional information regarding these highlights and more in the featured articles in this newsletter!

Please feel free to visit the department in person or call 620-793-1902 if you have any questions.

As always, thank you for your support of Public Health!!

Don't Miss our April Events!

BARTON COUNTY COMMUNITY BABY SHOWER



New and expectant parents and support people are invited to our community baby shower!

- Free, fun, educational
- Door prizes include portable cribs
- Safe sleep demonstration
- Vaccines available including Tdap, MMR, influenza
- Blood pressure checks
- Syphilis screening
- Introduction to community resources
- Activities for kids
- Car seat checks
- Education on infant CPR and choking response techniques.

THURSDAY | APRIL 30, 2026 | 4-6:30 PM

HOISINGTON ACTIVITY CENTER

1200 SUSANK RD, HOISINGTON, KS 67544

HOSTED BY:



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Barton County Health Department



Clara Barton
MEDICAL CENTER



**Kansas Children's
Service League**
Stronger families start here.

KIDS
SAFEsleep™
COMMUNITY
BABY SHOWER

BICYCLE SAFETY RODEO!



SATURDAY, APRIL 25, 2026



Place: Courthouse Square



Time: Check in Begins at 9:45 am



Event: 10:00 to 11:30 am

• **FREE • FUN • SAFETY SKILLS!** •

— **SPONSORED BY:** —

- ★ Barton County Health Department
- ★ Great Bend Police Department
- ★ Barton County Sheriff's Office
- ★ Golden Belt Badger Mountain Bike Team
- ★ Great Bend Pilot Club

Bring your bike, helmet, & big smiles!
LET'S RIDE SAFE & HAVE FUN!

DEA NATIONAL ^{Rx} TAKEBACK

Saturday, April 25th
10:00 AM - 2:00 PM

East Side of Barton County Courthouse



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Turn in unneeded
medication for safe disposal.



Keep them safe. Clean them out. Take them back.



Free Prenatal Education Classes



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Becoming a Mom

When: Every Tuesday from 1:30 to 3:30 PM
Where: Barton County Health Department

APR 14	You and Your Pregnancy
APR 21	Healthy Pregnancy
APR 28	Labor and Delivery
MAY 5	Feeding Your Baby
MAY 12	Newborn and Infant Care
MAY 19	Healthy After Pregnancy

Register today by calling 620-793-1909



NATIONAL
PUBLIC
HEALTH
WEEK

READY. SET.
ACTION!

APRIL 6-12, 2026

Ready. Set. Action! is this year's theme. As we celebrate, take a moment to recognize how public health has improved our daily lives, safeguarded our families, expanded our life spans, and strengthened our communities. This week is also a chance to honor the public health workers who show up for us every day — and to advocate for policies and practices that promote good health for all.



WE'RE HIRING

Registered Nurse Front Office Clerk

Apply Now!
How to Apply:

- ✉ **Submit your application today!**
- 📍 **Barton County Health Department**
- ☎ **Call: (620) 793-1902**
- 🌐 **Visit: www.bartoncounty.org**



TORNADO WATCH VS WARNING



TORNADO WATCH

A tornado is possible.

- **Stay tuned** to local radio/TV for information.
- **Know** where you'll shelter if needed.



TORNADO WARNING

A tornado is happening or imminent. Take shelter immediately.

Ready. 

Supporting Youth Preparedness This Storm Season



As storm season approaches, Barton County Health Department is proud to support efforts that help local youth stay safe and prepared. Recently, our Clinical Nursing Supervisor, Lindsey Ensley, partnered with Barton County Emergency Management Director Sean Kelly to present a Life Skills class for Juvenile Services (JS) titled “Natural Disasters: What’s in Your Go Bag?”

The class, attended by 15 participants, focused on helping young people understand how to respond during emergencies. Youth learned the differences between advisories, watches, and warnings, where to seek shelter, and what essential items to include in a “go-bag,” such as important documents, medications, and even supplies for pets.

“We’re always glad to collaborate with community partners like Juvenile Services to share important safety information,” Ensley said. “Helping youth feel prepared can make a big difference during an emergency.”

JS Community Case Manager Laura Mason noted the importance of the timing. “With storm season approaching, this was a great opportunity to increase awareness among our young people,” she said.

Barton County Health Department is committed to promoting preparedness and working alongside local partners to keep our community informed, safe, and resilient.

Asian Chicken Rice Bowl



Ingredients

- 1/4 cup rice vinegar
- 1 green onion, minced
- 2 tablespoons reduced-sodium soy sauce
- 1 tablespoon toasted sesame seeds
- 1 tablespoon sesame oil
- 1 tablespoon honey
- 1 teaspoon minced fresh gingerroot
- 1 package (8.8 ounces) ready-to-serve brown rice
- 4 cups coleslaw mix (about 9 ounces)
- 2 cups shredded rotisserie chicken, chilled
- 2 cups frozen shelled edamame, thawed

Directions

1. For dressing, whisk together first 7 ingredients. Cook rice according to package directions. Divide among 4 bowls.
2. In a large bowl, toss coleslaw mix and chicken with half the dressing. Serve edamame and slaw mixture over rice; drizzle with remaining dressing.

**WHAT WOULD YOU
GAIN IF YOU
QUIT VAPING?**

Text "Start" to 36072
Free, confidential help.
Just for teens.

MY LIFE MY QUIT™

KanQuit!

1-800-QUIT-NOW (784-8669)

KSquit.org

Contact Us



Open Hours

Monday- 9:00AM-6:00PM
Tuesday- 8:00AM-6:00PM
Wednesday- 8:00AM-6:00PM
Thursday- 8:00AM-6:00PM
Friday- 8:00AM-12:00PM



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